

Team Newsletter, Oct 2020



SAILFISH NEWS

****It's October...and Sierra Nevada swim meets are coming back! Details are still forthcoming on how future meets will be run, but for now, the team's first meet is **very tentatively**, the Lodi Pumpkin Meet, October 24-25. We'll send out an email **if/when** the meet opens for registration.

****Our first Intra-Squad Meet, Sails vs Fish, will be on Saturday, October 17. Swimmers age 13 & over will compete in the first session starting at 8am and swimmers 12 & under will be in the second session, starting at 11am. Each swimmer will race 4 individual events plus relays. We will need all parents to help make this meet run smoothly and according to COVID protocol. Sign-ups for swimmers and parents coming soon!

****Improve your fitness and support our team by joining Adult Lap Swim, every morning from 5:45a-6:45a and evenings from 8:15p -9:15p. Choose either a \$5 drop-in fee or a 10 session punch card for \$40 OR unlimited swim for \$60/month.

****Coming soon!! – SAC team face masks, in youth and adult sizes, will be on sale shortly. Other team apparel & gear is also available now at <https://sacsailfish.com/sac-apparel/>

**Stay tuned for info on a fun Halloween practice!

Upcoming Events

- *October 8, Thursday, 4-8pm: Dine & Donate @ Panda Express, 6013 Florin Rd.*
- *October 17, Saturday: Intra-Squad Meet, Sails vs Fish*
 - *13 & over, 8am*
 - *12 & under, 11am*
- *October 24-25, Sat – Sun Lodi Pumpkin Meet @ Tokay HS (*Very Tentative*)*
- *October 27, Tuesday, 4-8pm: Dine & Donate @ Chipotle, Delta Shores*
- *October 31, Saturday Fun Halloween Practice*

Dine & Donate for SAC ...and win team swag!

****There are 2 fundraising opportunities this month for SAC families to dine out and support our team! Please spread the word to family & friends!**

****For a chance to win some team merchandise, take a picture of your swimmer participating in the fundraiser and post on the SAC Facebook page.**

Thurs, 10/8

Tues, 10/27



Order code:
317178

Order code:
AD7WGWN

USA Swimming/ Sierra Nevada Swimming (SNS) News

Good news! An encouraging email was sent to all USA Swimming members that restrictions on meet sanctions will be lifted, starting in October. All COVID safety measures remain in place, but feedback from across the country from coaches, teams and families about the care and precautions put in place has been positive. It will be up to each LSC (Local Swimming Committee – ours is Sierra Nevada Swimming) to ensure a safe Return to Competition Plan. For more detailed information, check out the websites of USA Swimming www.usaswimming.org and

Sierra Nevada Swimming

<https://www.teamunify.com/Home.jsp?team=snsisc>

Just for Laughs

WHAT I THINK MY BACKSTROKE START LOOKS LIKE:



WHAT IT ACTUALLY LOOKS LIKE



Spotlight on.....Coach Terry Peyton



On August 12, Coach Terry celebrated his 60th birthday at the pool, and we got a chance to see just how well we know our coach. Here are the highlights.

- Terry was born in....Dayton, Ohio
- He first joined a swim team at age....5
- His favorite stroke Breaststroke
- His fastest 50 free time22.15
- His favorite sport (not swimming) is.....golf
- His favorite movie Saving Private Ryan
- His favorite type of food is Mexican
- His favorite drink is.... Slurpees

*Next month, we'll shine the spotlight on a SAC swimmer!

October Birthdays

Jenna Y turns 15 on October 1
Kiley N turns 13 on October 2
Evelyn S turns 12 on October 2
Kaleb B turns 11 on October 3
Autumn C turns 8 on October 8
Lana S turns 15 on October 14
Olivia O turns 15 on October 16
Eddie Z turns 12 on October 19
Madeleine W turns 9 on October 19
Smit R turns 8 on October 25

****Welcome new Sailfish swimmers:**

Julio G, Bruce G, Mackenzie G, Evelyn S, Lana S, Theo S, , and Eddie Z

****Welcome back, returning Sailfish swimmers:**

India V, Malachi V, Raleigh W, Ruby W, and Kassi P