

Team Newsletter, May 2021



SAILFISH NEWS

**We successfully hosted our first ever sanctioned swim meets at Parkway! It was A LOT of work, but it was very well worth it as our swimmers were able to post official times from two dual meets with California – GOLD. There were many Sailfish that finished strong on the Virtual Championship Series leaderboard, and we will recognize everyone who achieved a personal best (PB) with a fun ceremony during one of our Friday or Saturday practices. Awards from SNS will also be handed out at that time. Be on the lookout for future meet announcements as Coach Terry is gearing up for more events, including Long Course swim meets.

**Our team continues to grow in numbers and our SAC Parent Booster also needs to grow! We would like to encourage parents to consider joining the Board. Check out open positions and job descriptions on our [website](#).

**For most swim clubs, hosting meets is a way to raise funds for their team. Not us! Our generous and kind-hearted Coach Terry wanted to give extra money earned from our meet to make a joint donation with GOLD to the Roseberry Family GoFundMe. We were shown great generosity during our fire recovery efforts and Coach Terry wanted to do the same. Hence, the SAC Board will be voting on a final donation amount to give to the Roseberry Family.

Save the Date!

- *May 13, Thursday, Time TBD*
SAC Board Meeting
- *May 26 -28, Wednesday - Friday*
Dinner Fundraiser
Old Spaghetti Factory Elk Grove
- *May 31, Monday, Memorial Day*
NO PRACTICE – ALL GROUPS
- *June 18 – 20 Friday – Sunday*
Mel Enze Long Course Meet
@ Tokay High School (TENTATIVE)
- *Coach Terry is also looking to*
arrange a sanctioned dual meet
with Ripon Aquatics for early June.
Also on the horizon is a fun, little
ceremony to recognize all the
Personal Bests and SNS Award
recipients from the Champs series.
Stay tuned!

** All events/times/dates are subject to change.*

May Birthdays

- *Raleigh W turns 12 on May 15
- *Tatum B turns 15 on May 16
- *Gar L turns 16 on May 21
- *Emilie P turns 18 on May 23
- *Nyla B turns 12 on May 25
- *Donovan P turns 11 on May 30
- David B turns 10 on May 31

***Congratulations to Parker B, the winner of our Chipotle Fundraiser photo contest! She wins a Sailfish keychain, sticker and a \$10 Cold Stone Creamery gift card!**

***Lincoln S and Mackenzie G will be representing SAC at the SNS Swimmer-Athlete Committee Meeting in Roseville on May 8. Good luck!**



Coach's Corner

In lieu of an article written by Coach Terry, he'd like to recognize Sailfish swimmers who achieved Top 25 times on the SNS Virtual Championship Series Leaderboard

8-Under Girls: Autumn Cheung
 8-Under Boys: Joseph Pitcock, Joseph Lee, Smit Rambhia

9-Year-Old Girls: Isla Villareal, Izzy Weatherall, Kaleigh Kato, Lauren Lonsdale
 9-Year-Old Boys: David Boldarev

10-Year-Old Girls: Jasmine Liang, Parker Broyles
 10-Year-Old Boys: Malik Mesihovic, Tommy Jiang

11-Year-Old Girls: Nyla Bonner, Raleigh White
 11-Year-Old Boys: Jason Liang, Kingston Petersen

12-Year-Old Girls: Lillian Mills
 12-Year-Old Boy: Eddie Zhang

13-Year-Old Girls: Cara Combrink
 13-Year-Old Boys: Marcus Yates, Tyson Jiang

14-Year-Old Girls: Kaili Jiang, Riley Victor
 14-Year-Old Boys: Justin Liang

15-Year-Old Girls: Ameerah Abdul-Rahman, Greta Laborde Lagrave
 15-Year-Old Boys: Gar Long, Glen Ruddick, James Pitcock, Lincoln Sabini

16-Year-Old Girls: Aina Perez, Mackenzie Grebner
 16-Year-Old Boys: Bryan Yoshioka

17-Year-Old Girls: Emilie Pitcock
 17-Year-Old Boys: Julio Gonzales, Andrew Avalos

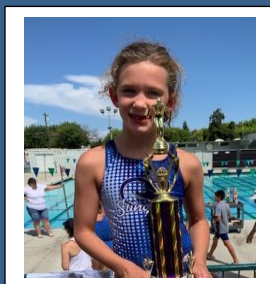
18-Year-old Boys: Raphael Lobo

****You can view final leaderboards at sns-champs.com. Awards from SNS will be given to these swimmers. In addition, all swimmers who competed in the dual meet series achieved a personal best!***

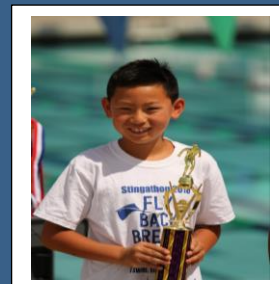
CONGRATULATIONS, SAILFISH!!!

Spotlight on... Lauren L, age 9 and Tommy J, age 10

*Coach Terry nominated Lauren and Tommy for their achievements in the SNS Championship Series. "These two are so dedicated and practice so hard, they're always wanting more, and they have amazing results to show for it." Lauren finished 1st on the leaderboard in every event she swam, and Tommy achieved five Western Zone time cuts during the series.



Favorite stroke: **Breaststroke (Lauren); Butterfly (Tommy)**
 Favorite event: **50 Free (L); 100/200 IM (T)**
 Favorite Olympian: **Jason Lezak (L); Caeleb Dressel (T)**
 Why I love SAC: **"Coach Terry makes me a better swimmer!" (L)**
"I like cheering for my teammates during relays!" (T)
 What else keeps me busy besides swim: **D&Dok; Playing with my Dog; Basketball (L); Cooking, Eating and Video Games (T)**



SAC Sailfish Swimmer Achievements

Personal Bests (PB)—These swimmers achieved a PB during our recent Meet Series:

White Group: Autumn C, Drew B, Ellie F, Joseph P, Joseph L, Michael A, Olivia H, Smit R, Thea B
Blue Group: Barrett B, David B, Evelyn S, Fernanda G, Gordon L, Isla V, Izzy W, Jasmine L, Jason L, Kaleigh K, Lauren L, Malik M, Parker B, Raleigh W, RJ S, Ruby W, Theo S
Silver Jr: Cara C, Glen R, Jenna Y, Justin L, Kassi P, Katherine F, Kendall L, Kingston P, Lana S, Lillian M, Mallory S, Marcus Y, Nick N, Nyla B, Riley V, Tommy J
Silver Sr: Aina P, Ameerah A-R, Andrew A, Bryan Y, Emilie P, Gar L, Greta L, James P, Julio G, Kaili J, Lincoln S, Mackenzie G, Raphael L, Tyson J